



There is no easy button for life...but there is a way.

*Don't look for shortcuts to God. The market is flooded with surefire, easygoing formulas for successful life that can be practiced in your spare time. Don't fall for that stuff, even though crowds of people do. The way to life, to God, is vigorous and requires total attention. -Matthew 7:13-14 (The Message)*

SUNDAY, JANUARY 8, 2012

Scripture: Luke 1:26-38

Sermon: Slow Down, Children at Play

*What takes up our time and keeps us away from family?*

MIND, BODY, and SOUL:

Dear God, Today I want to bless \_\_\_\_\_ whom you have put into my life. I ask for your direction and wisdom on how I can better invest in my relationship with those who mean the most to me, with those who cause me to struggle, and with those who I may be distanced from for some time. May my relationships be strengthened by your Holy Spirit this year. Amen.

Take Action:

- Eat at least one meal around the table with immediate family or friends in order to connect this week. Remember to pray.
- Make a phone call to a friend or family member just to listen and say hello.
- Handwrite a note of hope and encouragement to a friend or family member you have not heard from in a long time.

Share with us your insights (anonymously): [www.cypressunited.org/pages/events/the-easy-way](http://www.cypressunited.org/pages/events/the-easy-way)



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